

## TOOELE COUNTY

### Council on Aging

Tooele Health Dept. 151 N. Main Street, Tooele Utah

Meeting Minutes – October 24, 2017 1:30 pm

**Present:** Anne Smith, Joyce Tate, Dianne Johnson, David Davis, Commissioner Bateman

**Staff Present:** Sherrie Ahlstrom, Ericka Jordt, Jamie Zwerin

**Absent:** Elaine Breitweiser, Doris Fidler, Linda McBeth, Patty Guerrero, Karyl Maynard, Emily Johnson

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1. **Welcome** – Joyce called the meeting to order and welcomed everyone.
  2. **Approval of August 2017 meeting minutes-** Approval of minutes was tabled for the next meeting due to a quorum not being present to vote.
  3. **Aging Services Report:** Sherrie reminded the group that this is the last meeting for 2017 since meetings are not held in November or December. Sherrie also noted that several people are not present at this meeting due to the Halloween activities being held at the Grantsville center today. The Aging Services budget was presented to the Tooele County Commission yesterday. Commissioner Bateman advised Sherrie to send board position applications to the Tooele County Clerks Officer for review, bylaws for all boards are still being reviewed by the Commissioners.
  4. **Senior Centers Supervisor Report-** Sherrie noted that both centers have been busy with different activities and outings. The Golden Mile Walk went well.  
Upcoming events include:
    - Oct. 27<sup>th</sup>- Cowboy Poetry activity in Heber
    - Nov. 2<sup>nd</sup>- day trip to Antelope Island
    - Nov. 4<sup>th</sup>- Hope for the Holidays (see attached flyer)
    - Nov. 8<sup>th</sup> & 9<sup>th</sup>- Bake sale at Grantsville center
    - Nov. 15<sup>th</sup> – Bake sale at Tooele center, funds to be donated to the school district for their clothing program
    - Nov. 21<sup>st</sup>- Day to Give Thanks lunch at both centers

See newsletter for a complete list of activities offered or speak to an activity specialist for details. Some activities require advance sign ups.
  5. **In-Home Services Report-** Jamie thanked the group for their help and support at the Senior Expo. Attendance increased to 403 this year. Surveys were handed out to both attendees and exhibitors; the feedback was positive. The health screenings and flu shots

were given positive mentions. The attendance at the presentations was low again this year, next year some different things will be tried to hopefully increase attendance for the presentations.

Jamie announced the open enrollment period for Medicare is Oct. 15<sup>th</sup> through Dec. 7<sup>th</sup>. Jamie and staff will be at the Tooele Senior Center on Nov. 8<sup>th</sup> and the Grantsville Senior Center of Nov. 15<sup>th</sup> from noon to 3 pm. Those needing assistance with enrollment can come on those days without an appointment, appointments are required for times outside of these dates.

The Caregiver Educational Series lunch and learns began Oct. 13<sup>th</sup> with attendance ranging from 7 to 10 at the two events held so far. Jamie asked the group to continue promoting the event. The Next Chapter has donated some gift baskets to be given to those caregivers who attend. RSVP's are appreciated due to the free lunch that is provided. See attached flyer for information.

A free presentation will be held Nov. 4<sup>th</sup> from 2-3 pm at the Health Dept. Auditorium. The presentation is provided in conjunction with Valley Behavioral Health to provide tips for coping with grief during the holiday season. See attached flyer.

The Next Chapter is continuing to grow and is a huge success. David announced that an additional group has been formed called The Second Chapter. The Second Chapter focuses more on the social aspect and is not dependent in any way on the Aging Services program.

6. **Caregiver Advisory Board** – Jamie asked the group to forward any suggestions for topics/presentations they would like to have at future council meetings to her.
7. **Council Member Position Appointments** – Nominations for board appointments for 2018 was tabled for the next meeting due to a quorum not being present to vote.
8. **Roundtable Discussion-**
  - Joyce mentioned again how important she feels having a presentation on prescription drug costs, generic vs. brand name, \$4 list, paying cash instead of billing through insurance would be for many seniors. Her daughter works at a pharmacy and has knowledge on how to pay less for some medications. Joyce brought up something she had seen that mentioned Utah has a ‘clawback clause’ that enables doctors to get a kickback from the pharmaceutical companies for issuing certain brands of medicine.
  - Diane has received calls from people wanting to volunteer for a service project. She doesn't really have any projects right now, she will direct those asking to the justserve.org or to the senior centers. Anne told the group about a service project

she helps with that provides low income school children with backpacks of food to have during the weekends.

**Meeting Adjourn-** the meeting, meeting was adjourned at 2:21 pm.

**The next meeting will be held on Tuesday January 23rd, 2018 at 1:30 p.m. at the Tooele Senior Center – Elections will be held at this meeting for Chair and Vice Chair positions.**